Mars 360 and Internal Family Systems - a similar intuition

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Mars 360

In the book Ares Le Mandat, human behavior is divided into six sectors, each of which describe a functional compartment of life tied to certain regions of the brain. These basic functions include face-to-face communication, moods/listening/thoughts, use of the body/health, indirect speech/executive control, work/submission, and appearance. The planet Mars, when situated in one of these sectors, is posited to reduce the amount of energy a person can apply towards those functions, resulting in behaviors that bear a negative connotation. For example Mars can influence one to be blunt/selfish traits, suspicious/skeptic, reckless(physically), opinionated, lazy, shy/unkempt, depending on where Mars is located. Each trait is allocated across six sectors linked to their own residual and devolving expressions, becoming potentially dangerous if left unchecked.

The sector Mars is located within when a person is born, intuits which of the traits a person will most likely express. The book “Ares Le Mandat” posits that the degree of Mars’s expression—whether innocuous or extreme—is linked to the native’s ability to manage the sector where the lunar node is located, which bears a different influence. The lunar node is defined as more cautious in nature, desiring to maintain the basic functions of the sector without taking much risk due to the fear of failure, which underscores the sense of vulnerability with this placement.

The astrological birth chart is used to interface the Mars 360 model.

“Ares Le Mandat” grounds the model by referencing Maslow’s hierarchy of needs which posits five general needs every human has, but on an order of importance starting with the most basic physiological needs. In order to make Maslow’s model fit the Mars 360 model, I separated the love and belonging need into two different needs, bringing the total to six. Maslow hierarchy aligning with Mars 360 would appear like this:

Basic functions intuited the Mars 360 model

1. face to face communication = Maslow’s belonging need
2. moods/listening/thoughts = Maslow’s love needs
3. body/health = Maslow’s physiological needs
4. indirect speech/executive control = Maslow’s self actualization needs
5. work/submission = Maslow’s safety needs
6. Appearance = Maslow’s esteem needs

Basically the alignment underscores the general sense of intuition applied in formulating aspects of the human condition. Mars 360 however inserts another dynamic into the Maslow

model. Because Mars's influence denotes a lack of energy or care towards the sector its located, Maslow's hierarchy model runs into an issue. Maslow presumed that the physiological needs would have primacy under its static framework. However, Mars 360 model of Mars influence challenges that hierarchy.

Since Mars is said to reduce the amount of energy and care a person can express towards a certain sector or function, the area of life that describes the sector where Mars is located would carry less priority. So, if Mars falls in the 3 sector which aligns with Maslow's physiological needs, the person would be less inclined to prioritize that aspect of life. If the lunar node is there, the person would have a sense of vulnerability there and would be compelled to manage it more carefully. One can say that the hierarchy is defined by the dynamic elucidated in the Mars 360 model—lunar node position being highest priority in terms of action and Mars position being of the least priority in terms of action. Under Mars 360, Maslow's hierarchy becomes dynamic.

Internal Family Systems

This dynamic of Mars and the lunar node in the Mars 360 model aligns heavily with the intuition of Dr Richard Schwartz's Internal Family Systems, which describe the human condition being composed of several parts along with a "Self" which if tapped into can bring about qualities of compassion, clarity, connectedness, etc. Internal family systems posits that these parts of comprised of protectors called managers and firefighters. Managers are intuited to be perfectionist, careful, hyper-responsible, cautious in order to keep vulnerable aspects of ourselves—called exiles—safe. This intuition strongly aligns with the intuition about the lunar node elucidated in "Ares Le Mandat" —that of it being a cautious safeguarding influence on the sector where it's located.

The other protector in Internal Family Systems are called firefighters, which are posited to extinguish the pain of exiles if the managers fail to prevent the pain from breaking through. Firefighters do this often through reckless behavior i.e. rage, decadence, impulsive risk taking, disassociation, and other behaviors that are extremely compromising. The intuition behind firefighters aligns strongly with the intuition about Mars, in that Mars is said to bring about progressively negative and dangerous behaviors that can eventually culminate in death and murder.

What we have here is corroboration of intuition when it comes to the similarities between Internal Family Systems and Mars 360. Below are quotes from "Ares Le Mandat"(2019) explains the dynamic between Mars and Lunar nodes, which intimates the similar dynamic presented in Internal Family Systems.

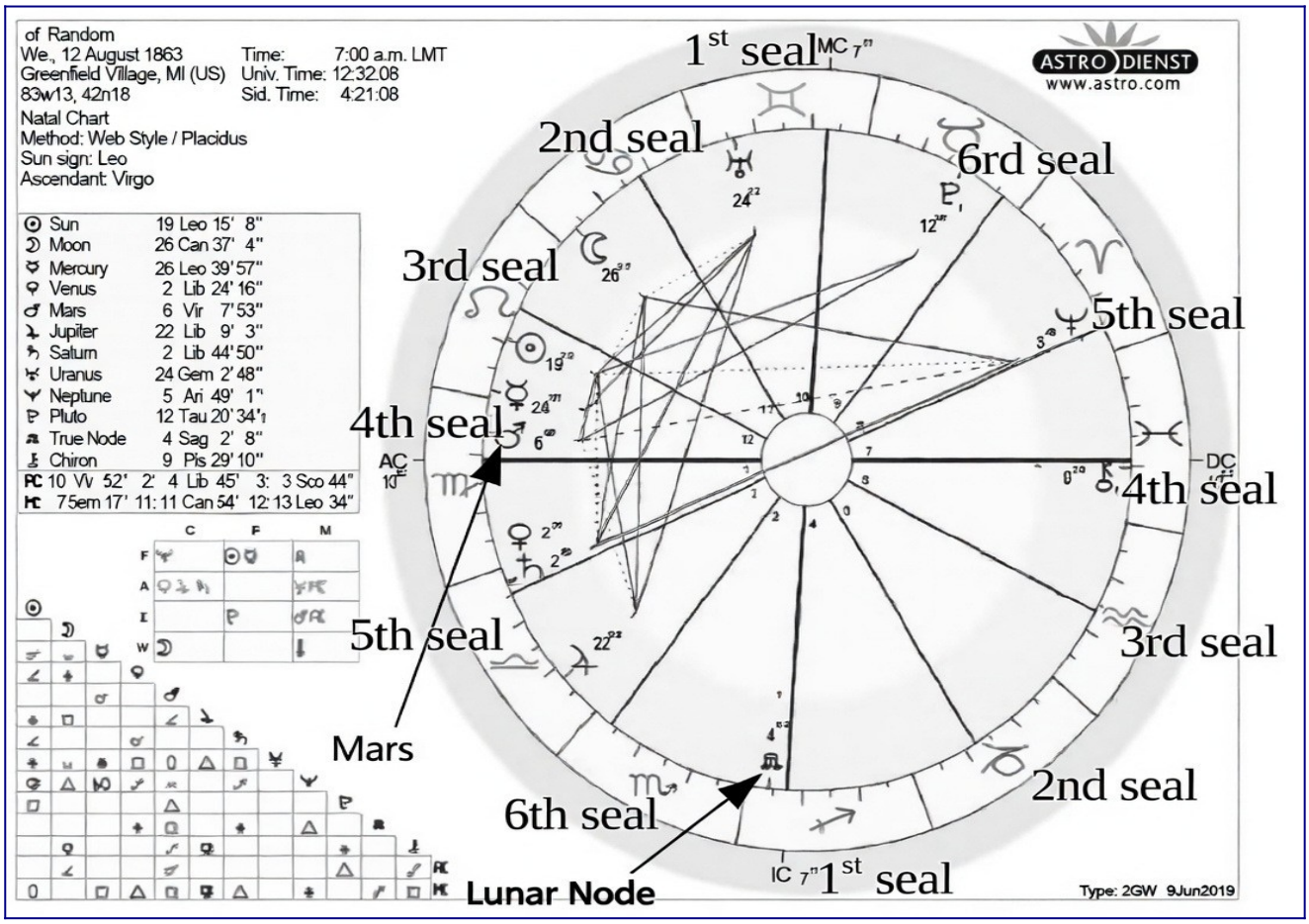
Quote from Chapter 20 of Ares Le Mandat - explaining the function of the lunar node

“Another element to the Mars 360 system will be to find the triggers of Mars, meaning the circumstances that cause a person to give into the Mars opposition. With the lunar nodes being the prognosticator of an eclipse, the lunar nodes thus become the point of reference for how it operates in the day-to-day lives of humans. Just as Christ is sacred, this energy would have a place in a person’s life in some way, and would display itself differently than the effect of Mars’s influence. The lunar nodes would cause a person to look at the functions of a certain part of the brain in an almost sacred way. When we think of reverence, we often assume it applies to just religious matters. However, since God released the seven spirits throughout the world, this reverence would now apply to more than just religion. What we have in nodes of a birth chart is what humans take seriously and are cautious with. As a result, there is an element of heightened consciousness regarding it. For example, in contrast to how a person with Mars on the 4th seal would lack the intent to display caution in matters of indirect speech, the lunar node in the 4th seal would be just the opposite. The person would display all reverence and caution regarding indirect speech. The same would go for the parietal lobe and the 6th seal. The person with the lunar node in that position would be very careful in how others saw him. Hygiene, appearance, rectitude, and social status would be of the utmost importance. Whereas with Mars there, a lack of concern regarding those things would be apparent. To sum it up, it’s very possible that any disruption to the proper care for those lunar node placements could trigger a Mars episode, in which the Mars energy is completely given into. Such makes it mandatory for this aspect to be included into the Mars 360 program somehow.”

Quote from Chapter 36 of Ares Le Mandat - Understanding how the lunar node aligns with the functions of the managers in internal family systems

“The Mars 360 system’s strategy to circumvent extreme displays of Mars influence via allowing society to understand its natural influence on humans and also allowing humans a certain degree of expression may not be enough to circumvent every episode of extreme Mars manifestations which have a detrimental impact on the society. It’s quite likely that an extreme episode of Mars expression by a human may not always be circumventable strictly by understanding the nature of Mars over the course of a person’s life. Owing to that, and not to undermine the study of Mars with another element in astrology, I think it’s important to be aware of a possible reason for terminal episodes of Mars, where the person can no longer see any value in keeping his Mars expression from displaying itself at full throttle. In an earlier chapter, I mentioned that the position of the lunar node may be key factor that could set off a dangerous Mars effect in an individual. Over the course of my study of planetary influence, what I discerned about the lunar node in an individual’s chart is that its position seems to display somewhat of an opposite effect of the one that Mars gives, where the person under the influence of the lunar node will have a sense of preservation and intent about what defines the position that the lunar node is in, but along with this -- a limited result amidst all the energy and intent. A good analogy is how we

would handle a delicate glass vase versus a cardboard box. We would be a bit more careful and studious in handling the vase because of the risk surrounding any mishandling of it that would result in the vase shattering should it fall to the floor. The reaction to mishandling something so delicate, analogously, as it applies to the position that defines where the lunar node is located could set off a Mars reaction where the person completely gives into the Mars energy in the way that defines its location in birth chart. Let's look at this example chart to explain what I mean:



If we look at the chart, we notice Mars in the 4th seal and the lunar node in the 1st seal. We established that the 4th seal relates to the orbital-frontal cortex and indirect communication, along with attitudes to foreign cultures, while the first seal relates to the immediate environment, groups, co-workers, siblings, and face to face communication. In this chart, based on how I described the nature of the lunar node to be one of heightened concern and fragility, a scenario that could set off an extreme Mars effect in this person's case would be a failure to maintain the situations of the first seal. Since this person, as a result of the lunar node in the 1st seal, would have a natural attitude of preservation and metaphorically see the tasks related to the 1st seal as a glass vase -- this person experiencing some sort of failure to deal effectively with 1st seal matters such as co-workers or groups, or maybe having said something to them that led to a betrayal or rejection from them, could in effect set off a Mars effect in the person, where the location of Mars in this person's case being in the 4th seal would set off a lack of

preservation there and possibly lead to this person, as a result of Mars's effect, subsequently displaying an extreme degree of recklessness regarding indirect communication and attitude to foreign cultures. Should this be the case, then a mark of the lunar node would have to be incorporated at some point, but only as it relates to circumventing Mars, which should always be the foundational principle of the Mars 360 system."

Conclusion

Internal Family System intuition about managers and firefighters aligning closely with the Mars/lunar node framework in Ares Le Mandat and the Maslow hierarchy model establishes a grounded pathway to understanding human behavior and interconnectedness of it. Ares Le Mandat takes these elements a step further showing how the dynamic coincides with major geopolitical upheaval. Close alignments between Mars and the lunar node are linked to major Middle East escalations such as October 7th and the 12 day war. Ultimately Ares Le Mandat does not detract from established frameworks but helps to corroborate and interface this evolving intuition into something visible, concrete and measurable.

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